

Breakfast Served 7 Days a Week

* New Menu Item

Syrupy Tales- served with our own cinnamon-brown sugar syrup
CT Maple syrup from Bats of Bedlam Farms also available (\$2.5)

French Toast:

- Challah French Toast-** two slices \$6 or three slices \$8
- Specialty Challah French Toast-** two slices \$8 or three slices \$10
- Captain Crunch-** encrusted with your favorite cereal from the past
- Bruleed-** caramelized goodness
- Pound Cake French Toast-** with strawberries and whipped cream
two slices \$8 or three slices \$10

Waffles:

- Malted Belgium-** one \$6 or two \$8
- Specialty Malted Belgium Waffles-** one \$8 or two \$10
- Stars & Stripes-** strawberries / blueberries / bananas / fresh whipped cream
- Italy-** Nutella / bananas / fresh whipped cream

Pancakes:

- Buttermilk-** two \$6 or three \$8
- Specialty Buttermilk Pancakes-** two \$8 or three \$10
- Blueberry**
- Banana Chocolate Chip**
- * **S'mores-** graham cracker crumbles / marshmallow fluff / chocolate chips / chocolate drizzle

Healthy Starts to Your Day

- Honey Greek Yogurt-** with bananas and berries \$5 / with berries only \$6.5
- Steel Cut Oatmeal-** and brown sugar \$5 / with brown sugar and bananas \$6.5
- Cereals-** Honey Nut Chex (gluten free) / Rice Krispies / Cheerios / Corn Flakes / Kellogg's
Mini Wheats /Kashi Go Lean / Special K with multi grain oats and honey / plus some not so healthy ones on our Cereal Wall! \$4.5

The Art of Hollandaise - Eggs Benedict served traditionally with hollandaise sauce and two poached eggs or "chef style" with two fried eggs and choice of either home fries, cheddar cheese grits or a simple salad with pomegranate vinaigrette

- The Original-** Canadian bacon / English muffin \$11
- Tex Mex-** green chilies / bacon / grilled cornbread \$12
- Smoked Salmon-** tomatoes / onions / potato latke \$15
- Sausage-** English muffin \$11
- Lobster Benedict-** English muffin \$20

Kids- (available for kids under 10 years of age / not for take out)

- Pancake-** with strawberries and powdered sugar \$4
- Waffle-** with strawberries and powdered sugar \$4
- Fried Egg Sandwich -** American cheese on English muffin \$4
- Yogurt and Fresh Fruit-** \$4
- French Toast-** with strawberries and powdered sugar \$4
- Little Big Breakfast-** 1 Pancake / 1 egg / bacon or sausage / home fries \$6

Our Menu Philosophy: Fresh. Local. Sustainable.

All menu items are prepared fresh to order.
We appreciate your patience.

Pop Back on Over for Dinner! Bring your breakfast receipt in for dinner the next Monday thru Thursday and receive 20% off your food bill- up to six people!

Hash It Out- served with choice of toast plus two eggs your way

- Crispy Corned Beef-** freshly made with peppers / onions / potatoes \$12
- Roasted Vegetable Hash -** roasted root vegetables / butternut squash / spinach / chickpeas / arugula pistou \$12
- ***Chorizo-** freshly made with peppers / onions / potatoes \$14

Eggs 101

- 2 eggs your way** and choice of English muffin or toast \$6
add home fries or cheddar cheese grits or choice of breakfast meat \$8
or add home fries or cheddar cheese grits and choice of breakfast meat \$10

The World of Eggs- may also be prepared with egg whites only - \$1 extra

3-Egg Omelets- served with choice of home fries, cheddar cheese grits or simple side salad with pomegranate vinaigrette and choice of 9 grain, rye or Pullman white toast or English muffin \$11

Signature Combination Choices \$11.5

- New Mexico -** chorizo / salsa fresca / roasted poblanos / jalapeno jack cheese / cilantro crema drizzle
- Parisian-** fresh herbs / goat cheese / spinach / tomatoes
- Denver-** peppers / onions / ham / cheddar cheese
- Chicken & the Egg-** all-natural chicken sausage / mushrooms / Swiss cheese
- ***Reuben-** corned beef / Swiss cheese / sauerkraut / BPK Reuben sauce

Name Your Own- \$11 Choose up to three of the following fillings:

- Protein choices-** bbq pulled pork / turkey or regular bacon / sausage / ham / chorizo / chicken sausage / smoked salmon (2 oz \$6 extra)
- Cheese choices-** cheddar / American / Swiss / feta / habanero jack / provolone / cream cheese
- Vegetable choices-** spinach / tomatoes / peppers / onions / mushrooms / broccoli / pickled jalapenos

Home Fry Skillet Mix'ins- mixed with home fries, topped with two eggs your way \$11.5
Choose one of our signature combination choices above (not available as name your own)

Two Egg Sandwiches - (except The Corner)

- Classic-** ham, bacon or sausage / American cheese / English muffin \$6
- BPK Favorite-** bacon / spinach / griddled tomatoes / cheddar cheese / sriracha aioli / griddled bagel \$8
- The Corner-** smoked salmon / tomatoes / onions / cream cheese / mustard sauce / griddled bagel \$10
- ***Hot Chicken n' Biscuit-** buttermilk battered fried chicken breast / chipotle aioli / crispy bacon / melted cheddar / arugula \$12

Udi's Gluten Free Bread available as a substitute on egg dishes- \$1 extra

South of the Border - corn tortillas available upon request

- Huevos Rancheros-** vegetarian refried beans / ranchero sauce / pico de gallo / sour cream / two eggs your way / served over a griddled whole wheat tortilla \$10
- Don Juan-** chorizo / bacon / queso fresco / home fries / pico de gallo / sour cream / two eggs your way / served over a griddled whole wheat tortilla \$13
- ***Argentinian Steak and Eggs-** sliced 5 oz. top sirloin / red and green chimichurri sauce / choice of home fries or cheddar cheese grits 16
- ***Tex Mex Waffle-** topped with melted cheddar cheese / bacon / scallions / pico de gallo / cilantro / topped with two eggs your way and lime wedges \$13

Blue Plate Specials

- Upside Down Pot Pie-** buttermilk biscuit / sausage country gravy / two eggs your way \$11
- Big Breakfast-** two eggs your way / pancake / bacon / sausage patty / home fries or cheddar cheese grits / choice of toast \$13
- Latke & Eggs-** 2 eggs your way / potato latke / apple sauce / sour cream \$8
- ***Croque Madame-** griddled ham and Swiss on 9 grain / mornay sauce / topped with two eggs your way / simple salad with pomegranate vinaigrette \$14

Fixins

- Eggs Your Way-** \$3 (two)
- Protein-** bacon / turkey bacon / Canadian bacon / ham / sausage patties / chicken sausage links \$3 / chorizo \$4 / smoked salmon- 2 ounces \$6
- Breads-** rye / 9 grain / Pullman white / corn bread / English muffin / Udi's Gluten free bread \$3
- Bagels-** from Lox Stock and Bagels \$2 / with cream cheese \$3
- Daily Giant Muffin-** griddled \$3
- Buttermilk Biscuit -** griddled \$3 / with sausage gravy \$8
- ***Side of Hash-** chorizo or corned beef or roasted vegetables \$6
- Home Fries-** \$3
- BPK Loaded Home Fries-** topped with bacon, chives & cheddar \$5
- Cheddar Cheese Grits-** \$3
- Simple Side Salad-** \$5 (no charge if ordered with a breakfast entree in lieu of home fries or cheddar cheese grits)
- Crispy Potato Latkes-** pancakes / applesauce / sour cream \$7
- Assorted Cereals-** check out our cereal wall! \$4.5
- Fresh ½ grapefruit** \$2
- CT Maple Syrup from Bats of Bedlam Farms-** \$2.5
- Nutella-** \$2

Beverages

- Hot-** Bottomless Cup of Premium Brioni Coffee / decaf / tea (hot or cold) \$3; espresso / Americano \$3; latte / cappuccino / mochaccino \$3.5
- Fresh Squeezed Juices-** orange / grapefruit \$4
- Other Juices:** Tropicana orange or grapefruit / apple / pineapple / tomato / cranberry \$2.5
- Milk-** skim / whole / chocolate / strawberry / \$3 or almond \$4
- The Usual Sodas-** \$3

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illness / Please inform your server if any member of your party has a food allergy prior to ordering. A gluten free menu is available. Connect with us on Twitter, Facebook and Instagram.

